

# Pure

## Health & Beauty Day Spa @ La Boheme



### Price List

Member

# Pure

Offers a unique, professional high quality service in the comfort of your own Home, holiday surroundings or at La Boheme guest house. Allow us to pamper you whilst relaxing and unwinding in a Tranquil aroma-filled environment. What we offer.....

### Facials

<b>Aromatherapy Facial</b> (Aroma oils uniquely blended to suit your skin type – cleanse, exfoliate, steam, vacuum suction and relax massage and mask)	1hr; R 290
<b>The Deluxe'</b> Aromatherapy Facial and back, neck and shoulder massage	1 ½ hrs; R400
<b>Deep cleanse</b>	45 mins; R200

### Massage

Manipulating muscles and tissues, enhancing the body's functions, reducing stress and creating a feeling of well-being

<b>Swedish</b> (Medium manipulation of the muscles to ease tension and improve circulation)	
Full body	1 hr; R 300
Back, neck and shoulder	30 mins; R200
<b>Deep tissue massage</b> (Manipulation of the muscles to relieve deep aches and pains)	
Full body	1 hr; R350
Back, neck and shoulder	30 mins; R230
<b>Hot stone</b> (Deeply relaxing and soothing hot volcanic stone massage)	
Full body	1 hr; R350
Back, neck and shoulder	30 mins; R230
<b>Aromatherapy</b> (A gentle manipulation of muscles using essential oils blended to your specific needs)	
Full body	1 hr; R350
Back, neck and shoulder	30 mins; R230
<b>African Rungu</b> (East African Deep manipulation massage to promote circulation)	
Full body massage	1hr; R350
Back, neck and shoulder	30 mins; R230
<b>Indian head massage</b> (Ancient Indian art of scalp massage which helps relieve stress, headaches and tension)	30 mins; R150
<b>Foot massage</b> To relieve tired aching feet and calves	30 mins; R150

*For your eyes only....*



## ***Eye lash Extensions***

Luscious lashes permanent eye lash extensions last up to 2 months.

A full set includes eye lash tint and anti-wrinkle eye treatment.

**Full set**  
**Fill (1 week)**  
**Fill (2 weeks)**

**2 hrs; R600**  
**45 mins; R150**  
**1hr; R300**

## *Tinting*

**Eye lash tint**  
**Eye brow tint**  
**Eye lash and eye brow tint**  
**Eye brow shape**

**30 mins; R60**  
**15 mins; R40**  
**30 mins; R80**  
**R50**

***Eye lash perming*** (please enquire for more information)

## *Waxing*

**½ leg wax**  
**¾ leg wax**  
**Full leg wax**  
**Full leg and bikini wax**  
**Bikini wax**  
**G-string wax**  
**Brazilian wax**  
**Underarm wax**  
**Full arm wax**  
**½ arm wax**  
**Lip/chin wax**  
**Face wax**

**R90**  
**R100**  
**R180**  
**R210**  
**R60**  
**R70**  
**R110**  
**R50**  
**R100**  
**R60**  
**R30**  
**R70**

## *Fingers and Toes*

**Manicure**  
**Pedicure**  
**File and paint**  
**Extras: French paint**

**45 min; R120**  
**1 hr; R160**  
**R50**  
**R20**

## *Pure Body treatments*

***Body exfoliation*** (Softens, smoothes and restores the skin to a healthy glow)

**Full body**  
**Back cleanse** (Includes exfoliation, steam. Extractions and mask for that hard to reach area)  
**Full body exfoliation and massage**  
**Back exfoliation and massage**  
**Detox steam experience** (for the ultimate in detoxification and cleansing of the skin and body)  
**Jacuzzi**

**45 min; R180**  
**45 mins; R210**  
**1hr 45mins; R450**  
**1hr; R250**  
**45 mins; R300**  
**1hr; R80 pp**

***Make-up*** Professional make-up for all occasions (Please ask for more information)

*Pure*  
*Pure Spa Packages*

## Pure relaxation ¼ Day package

Start the day with a glass of champagne followed by a detox steam experience, back, neck & shoulder massage, deep cleanse facial, eye brow shape

Total time: 2 ½ hours R780

## Pure relaxation ½ Day package

Start the day with a glass of champagne followed by a detox steam experience, back, neck & shoulder massage, manicure, pedicure, deep cleanse facial, eye brow shape

Total time: 4 hours R1, 050

*Why not relax a little longer?*

*Add an extra R80 pp and enjoy an hour in our Jacuzzi.*

## Pure relaxation full Day package

Start the day with a glass of champagne in the Jacuzzi followed by a detox steam experience, full body massage, manicure, pedicure, Aromatherapy facial, eye lash and eye brow tint and eye brow shape. This package includes either lunch or breakfast

Total time: 7hours R1, 500

*Optionally: you can customize your own spa package*

- Pure* also offers:
- . Gift vouchers – for a special person or occasion
  - . Tailor made spa packages to suit your needs
  - . Group bookings birthdays, kitchen teas etc...

*Location: @ La Boheme guest house. 1 Typhoon Terrace (just off marine drive) OR The comfort of your own home*

*Contact: Alison Naudé Tel: 082 302 7966 E-mail: [Alison.naude@hotmail.com](mailto:Alison.naude@hotmail.com)*

*By appointment*

*Cancellations: 24 hours notice is required for any cancellation after which 50% of the treatments booked will be charged.*

*Pure* relaxation ...